#### 8 Hui Medical Services

O Location(s)

Dr Hui is an integrated practitioner who combines conventional (including local injections) and alternative therapies (including Traditional Chinese Medicine and acupuncture) in a holistic approach to manage pain and other medical conditions.

Toronto

http://drhui.com/

# 9 Interprofessional Pain and Addiction Recovery Clinic (IPARC) - Centre for Addiction and Mental Health (CAMH)

Location(s

CAMH provides a consultation service for patients who have chronic pain along with aberrent use or dependence on substances. The service provides an interprofessional approach including medical, psychological, functional and physical treatment methods in an intensive, integrated format. Recommendations are made back to the referring physician.

Toronto

https://www.camh.ca/en/your-care/programs-and-services/interprofessional-pain-and-addiction-recovery-clinic-iparc

## 10 Mindbody Pain Clinics

) Location(s)

This clinic offers a pain management group treatment program incorporating traditional Asian exercise methods such as qigong with a cognitive behavioral approach to chronic pain.

Toronto

http://mindbodypainclinics.com/information-for-doctors/

#### 11 Pain Clinic - Providence Hospital

Location(s)

The pain clinic services are provided by a family practice physician who specializes in pain management and focuses on rehabilitation and providing people with tools to manage pain effectively. Individuals with conditions such as fibromyalgia, chronic pain and headaches are suitable for the clinic. This clinic follows a holistic approach as it addresses the mind, body and spirit.

Toronto

https://www.providence.on.ca/programs-services/clinics-services-community/pain-care-clinic

## 12 Pain Management and Anesthesia - St. Joseph's Health Centre

O Location(s)

The department of anesthesia provides acute pain service to assist with chronic pain management after an operation.

Toronto

https://stjoestoronto.ca/areas-of-care/pain-management-anesthesia/

# 13 Pain Management Program - Bridgepoint Active Healthcare

O Location(s)

This 10-week program uses a cognitive-behavioural approach and physical activity to provide coping strategies. It is available to people with a medically stable chronic pain condition, which has been present for longer than 6 months and has not been responsive to traditional medical intervention. There is a small fee associated with this program.

Toronto

http://www.bridgepointhealth.ca/en/what-we-do/outpatient-care.asp

## 14 Pain Program - Women's College Hospital

O Location(s)

The clinic is a part of the hospital, Äôs outpatient clinics and is managed by anesthesiologists with expertise in chronic pain. Therapeutic procedural services (interventions, medicaitons) are offered to qualifying patients.

Toronto

http://www.womenscollegehospital.ca/programs-and-services/chronic-pain-tapmi

#### 15 Pain Rehabilitation Clinic

O Location(s)

This pain clinic treats patients suffering from various forms of back pain, acute pain and chronic pain.

Toronto

http://www.painrehabclinic.ca/

## 16 Rehabilitation Pain Service - Comprehensive Integrated Pain Program (CIPP)

O Location(s)

This outpatient pain clinic provides a combination of approaches, such as drug therapy, physical exercises and psychological treatment. Other techniques, such as nerve blocks (injections that prevent nerves from sending pain messages) or neurosurgery may also be used.

Toronto

http://www.uhn.ca/TorontoRehab/PatientsFamilies/Clinics Tests/Comprehensive Pain

## 17 The Clinic on Dupont

O Location(s)

This private psychology clinic specializes in cognitive behavioral therapy (CBT) and interpersonally-oriented psychotherapy. It offers counselling for a variety of issues including chronic pain.

Toronto

https://www.theclinicondupont.com/

			3
27	Case Management *Mmt	0	Location(s)
This	program provides case management primarily for methadone program clients.		Toronto
http	//www.torontocentralhealthline.ca/displayservice.aspx?id=145340		
28	Edgewood Health Network	0	Location(s)
This	organization offers services for mental health treatment including addictions, eating disorders, and depression.		Toronto
http	s://edgewoodhealthnetwork.com/		
29	Horizons Opioid Treatment Service	0	Location(s)
	centre utilizes methadone maintenance treatment program and buprenorphine treatment therapy for those endent on opioids.		Toronto
http	://horizonsclinic.ca/		
30	keepSIX Supervised Consumption Site (SCS) - South Riverdale Community Health Centre (SRCHC)	0	Location(s)
	is a health service where people inject, snort or orally consume pre-obtained drugs in a safe and hygienic ronment under the supervision of trained staff.		Toronto
http	://www.srchc.ca/programs/harm-reduction/supervised-consumption-service/		
31	Methadone Clinic - Toronto - 2077 Weston Rd	0	Location(s)
	is a methadone medical centre where individuals addicted to opioid-based drugs, such as heroin or prescription killers, receive medication-based therapy.		Toronto
http	://www.torontocentralhealthline.ca/displayservice.aspx?id=150159		
32	Michael Garron Hospital Rapid Access Addiction Medicine Clinic	0	Location(s)
	RAAM clinic offers support to individuals requiring support with substance abuse disorders. After a substance use bry, the individual may be offered some treatment choices which may include counseling and medication.		Toronto
http	://www.tegh.on.ca/bins/content_page.asp?cid=3-24-8373		
33	New Beginnings Clinic	0	Location(s)
	substance abuse clinic helps people overcome addictions, particularly to opioids. It focuses on harm reduction a safe, non-judgmental approach to treatment.		Toronto
wwv	v.newbeginningsclinic.ca/		
34	Ontario Addiction Treatment Centres (OATC) - Bloor West, Toronto	0	Location(s)
	multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or exone.		Toronto
http	://www.oatc.ca/clinic-locations/bloor-west-toronto-clinic/		
35	Ontario Addiction Treatment Centres (OATC) - Danforth, Toronto	0	Location(s)
	multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or oxone.		Toronto
http	://www.oatc.ca/clinic-locations/danforth-toronto-clinic/		
36	Overdose Prevention Site - Fred Victor	0	Location(s)
This	is a health service where people who use injectable drugs can do so under the supervision of trained staff.		Toronto
http	://www.fredvictor.org/health_services		

#### 46 TrueNorth Medical Centre

O Location(s)

TrueNorth Medical Centre's services include a methodone/suboxone program that is focused on the treatment of opioid dependence and chronic pain. It is a multidisciplinary team environment that includes counselors, psychiatrist and addiction medicine specialists.

Toronto, Etobicoke

https://www.truenorthmedical.com/

### 47 Connex Ontario Drug & Alcohol Helpline

Location(s)

Connex Ontario provides free, confidential, and anonymous information about drug and alcohol treatment services across Ontario.

Ontario-wide

http://www.connexontario.ca/

#### 48 Ontario Naloxone Program for Pharmacies

Location(s)

Provincial program to provide naloxone kits through pharmacies.

Ontario-wide

https://www.ontario.ca/page/get-naloxone-kits-free

# Self-management workshops

#### 49 Choose Health

O Location(s)

Stanford-model peer-led 6-week workshop on managing chronic pain for patients. Healthcare professional resources such as Brief Action Planning training and "choices and changes" training (supporting patients who are engaged in self-management programs.

LHIN-wide

https://selfmanagementtc.ca/

#### 50 Chronic Pain Toronto

O Location(s)

This patient advocacy and support group supports informed decision-making, education and awareness of different treatment options for chronic pain patients.

Toronto

https://www.chronicpaintoronto.com/

#### 51 NeuroNova Centre for Mindful Solutions

O Location(s)

The centre utilizes the Mindfulness-Based Chronic Pain Management (MBCPM) program for help patients manage their chronic pain conditions. They also facilitate training for practitioners who wish to include the program in their practices.

Toronto

https://neuronovacentre.com/

#### 52 Online Chronic Disease Self-Management Program of Ontario

Location(s)

This online program is based on the live Stanford model of chronic disease management, but provides the program completely online.

Ontario-wide

https://www.selfmanagementontario.ca/

# Provider education programs

## 3 Medical Mentoring for Addictions and Pain (MMAP)

Location(s)

The MMAP is a network that connects family physician mentees to psychiatrist and family physicians with a focused practice in pain and addictions mentors through telephone, email and fax. Mentees may contact their mentors on an informal basis for guidance and support. Formal continuing professional development (CPD) workshops, small group teleconferences and sessions take place regularly in order to foster group cohesion. These tools help to support and augment the case by case mentoring program. Advice in the areas of diagnosis, psychotherapy and pharmacology is provided to mentees. Mentees are matched with mentors based on clinical interests and/or geographic location. Please note this is not a referral service.

Ontario-wide

http://ocfp.on.ca/cpd/collaborative-networks/mmap